Ngā taonga tākaro

Sit under a rākau with pēpi.

- What can we see? Look up at the branches and leaves and talk about shapes, textures and colours.
- What can we hear? Tāwhirimātea shaking the leaves, manu squawking or chirping.
- What can we find? He kohanga? He aporo?

Pretend play is a great way to develop imagination and creativity. A rākau could be a waka, a whare, or a hōiho.

When whānau encourage and join in the pretend play, they're helping pēpi to be creative and adding to their pool of new kupu.





Singing together releases endorphins and brings a sense of pure happiness.

Try singing happy birthday to pēpi.

Rā whānau ki a koe Rā whānau ki a koe Rā whānau ki a pēpi Rā whānau ki a koe



Visit tākai.nz/waiata for more.