Ngā taonga tākaro

Play is learning

When your pēpi is playing, your pēpi is learning. Remember, pēpi is at a stage where they may only play for a few minutes and then lose interest.

Hold pēpi in front of a mirror so they can see you and themselves. Play talk and touch. “Kei hea tō ihu? Where is your nose?”, “Kei hea tō waha? Where is your mouth?”

Try calling out their name from different places in the room, or use things with different sounds like a pot and spoon to attract their attention. It’s fun and a way to test their hearing.

Try hiding behind a piece of furniture, call pēpi and peep out a little to try to get them to come and find you. Act really excited when you’re found.

Pēpi is interested in ways to manipulate objects. Try small containers, boxes, pots and pans with lids, or toys that nest or fit together.