

Ngā tohu whānau

This is an important time for you and your pēpi to get to know each other and to build a secure relationship with them. Pēpi depends on you to meet their needs and provide a safe and secure environment for them to thrive.

There are 6 things that promote a strong relationship between parents, kaitiaki, whānau and their tamariki. In the first 6 months of a baby's life they might look like this.

Love and warmth

- Give pēpi our full attention during care routines.
- Hold pēpi close. Rock and sing to them.
- Use gentle mirimiri to soothe pēpi.

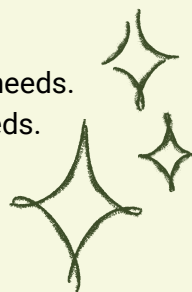


Talking and listening

- Make eye contact with pēpi.
- Copy the sounds pēpi makes.
- Learn to read baby's cues.

Guidance and understanding

- Understand that pēpi depends on us to meet their needs.
- Know we can't spoil pēpi by responding to their needs.
- Know pēpi is using their senses to learn
 - eyes, ears, mouth, nose, and hands.



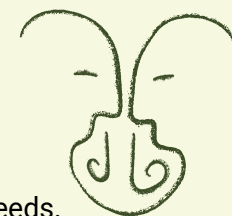
Limits and boundaries



- Know when pēpi is tired and help them get to sleep.
- Notice how pēpi reacts to different people and places.
- Know our own limits and look after ourselves.

Consistency and consequences

- Develop care routines, like changing kope the same way, to help pēpi know what to expect each time.
- Build routines for pēpi which are in tune with their needs.
- Help pēpi build trusting relationships with a few key people.



A structured and secure world



- Know that the relationship pēpi has with their main carers is the foundation for future learning and relationships.
- Keep pēpi safe from harsh voices, angry feelings and harmful places.
- Set up safe spaces for pēpi to feed, sleep and play.