

I know the familiar faces in my world really well now, and I notice a lot more details – Nannie’s moko kauae and koro with his pāhau (beard).

I’m getting steadier when I sit by myself. There’s a whole new view when I’m sitting up. I like it when there’s a pillow behind me just in case I tip over and bang my ūpoko.

I will turn towards my whānau when they’re speaking so I need them to kōrero pai (talk nicely) to each other and around me. It’s important for my brain development and my emotional wellbeing.

As soon as I open my eyes in the morning I’m playing and when my whānau join in it’s even more fun.



I like it when my whānau kōrero to me, especially in te reo Māori. But any language I hear regularly helps to build strong connections in my brain for speaking and listening in the future.