



## Hohou te rongo

The aim of tatau pounamu is to negotiate a peace agreement, which is known as hohou te rongo.

Just like our tīpuna, we want our relationships to be peaceful and well balanced. Not just with our tamariki but with our partner and other whānau members. If there has been raruraru or relationships have become strained, it's important to restore the calm and the mana of the relationship through hohou te rongo.

This practice can help us as mātua to recognise when we may need a break or to apologise for our actions or words. Remember to awhi and give tamariki a hug after a disagreement or challenging situation.

Remember, love, warmth and gentle guidance helps keep everyone's mana intact.



Āta kōrero – give clear instructions.  
Āta whakarongo – listen carefully.