

Pretend play is an easy way to have fun together. Use it to teach whānau values and routines – you can tunu kai, have picnics, or bath and settle toys down for a moe. Or add in some kākahu, pōtae and kete and pretend away.

Notice what tamaiti is interested in and teach the words that go with it by describing out loud what's happening. You can pretend you're talking to someone on the phone as you share in detail what they are up to.

Waiata kōhungahunga

Any age or stage is a good time for waiata. Here's a fun song to sing about the big whale. It will get everyone up and active and has great actions for tamariki to copy.

Tohorā nui

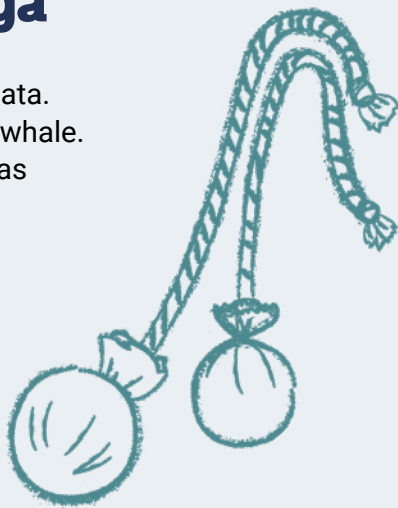
Tohorā roa

Tohorā tino mōmona

Tohorā puhapuha

Whiore piupiu

Tohorā kau ana te moana e



It's fun to vary the speed in this waiata too – slowing it down or speeding it up!



Visit [takai.nz/waiata](https://www.takai.nz/waiata) for more.