

Whakapai whare

Tamariki feel good when they are involved in things that pakeke are doing. It grows their sense of belonging, builds skills and is the beginning of creativity and imaginative play.

Make it easy and fun.

They could:

- help stir things while you hold the bowl
- stand by you at the bench to wash the rīwai
- put spoons and other things on the table
- go outside with you for the mail and carry it in
- pass you the pegs when you're hanging out washing
- put things in the rubbish bin.

Waiata kōhungahunga

Here's a fun action song to enjoy singing with tamariki. It helps them learn the names of their body parts.

Upoko pakihwi, turi, waewae
Upoko pakihwi, turi, waewae
Upoko pakihwi, turi, waewae
Taringa, karu, ihu waha e.

(Tune: Head, shoulders, knees and toes)



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