

As our tamariki develop and grow, it is normal and natural for their behaviour to change.

It really helps if parents understand why these changes are happening. We are better at managing our reactions and expectations of pēpi which are more realistic.



## **Te Hinengaro Mīharo**

Pēpi is now able to coordinate information coming from more than one of their senses at a time. Brain cells coated with myelin let messages travel along the pathways smoothly and quickly, giving pēpi much more control over their body movements.

Pēpi will start to stand while holding onto things, sit without support and explore objects in a variety of different ways. They will bang, drop, shake and throw things. Every time they repeat these movements, the connections in their brain for those actions become stronger.