

What might the tohu whānau look like for us at this stage?

Love and Warmth

- Encouraging our tamariki to do things for themselves
- Enjoying doing things with our tamariki and having them help us with work around the whare
- Noticing when they try new things and showing them we are proud of them for having a go

Talking and Listening

- Listening to what our tamariki are saying and repeating it back, so they know we understood and they hear the right way to say things without feeling they've been corrected
- Asking our tamariki if they have understood what we've said. 'Kei te marama koe?'
- Sharing stories, songs and games sometimes over and over again

Guidance and Understanding

- Explaining why we have a whānau rule: 'Hitting hurts. We don't hit in our whānau'
- Looking for opportunities to 'catch them' being good
- Noticing when our tamariki try to behave well and praising them 'Kia ora, thanks for giving the toy back'

Limits and Boundaries

- Having a few whānau rules that are reasonable for the age of our tamariki
- Explaining clearly to all the whānau that we have whānau rules
- Remembering that our tamariki will watch what we do and say and will copy us

Consistency and Consequences

- Always helping our tamariki to keep our whānau rules
- Having consequences for breaking rules which are reasonable and related
- Making sure we 'kiss and make up' with them after a raruraru over breaking a whānau rule

A Structured and Secure World

- Remembering a loving and trusting relationship is the best foundation we can give our tamaiti
- Understanding our tamaiti needs times to 'blow off steam' with plenty of noisy, messy and outside play
- Making our kāinga a 'yes home' by moving breakable and precious stuff out of reach