

Crying...



Can we fix it? Not always

When your baby cries they're trying to tell you something. They might need a:

- kai
- nap
- burp
- nappy change
- quiet cuddle with just you or mum
- layer of clothing to be removed or added
- walk in the fresh air.

Tip
Try the colic hold
(see right). It's great for
calming an upset pēpi.

