



Learning to use the toilet

Helping your child learn to use the toilet is one of the trickiest stages you'll have to deal with. Your child might be ready any time between 18 months and four years.

Before you start:

- Your child has to be ready. They have to know when they need to go and how to hold on. Some kids reach this important stage in their development later than others – it's like learning to walk and talk.
- It can take time and there will be accidents. Getting angry can make your child upset, scared and unwilling to cooperate.

Te hinengaro mīharo



Before a child is able to learn to use the toilet, brain connections for bladder and bowel control must be made. Sometimes this doesn't happen until three years or older.