The 6 principles

Reflecting on me and my tamariki

Using these simple principles, you and your whānau will grow happy, confident tamariki.

Reflect on how you live these principles and any you want to work on. Come back to these over the next week with a cuppa and your thoughts.

Love and warmth

How do my tamariki know I love them?

Talking and listening

How am I talking with and listening to my tamariki every day?

Guidance and understanding

How can I support my tamariki with their mistakes and learning?

Consistency and consequences

What might a positive consequence be?

A structured and secure world

How do I make sure my tamariki feel safe?

Limits and boundaries

What are some of our whānau rules and how do my tamariki know these?

What's one great thing from the week?

Thanks for showing up here and reflecting on your parenting. **Go you!**