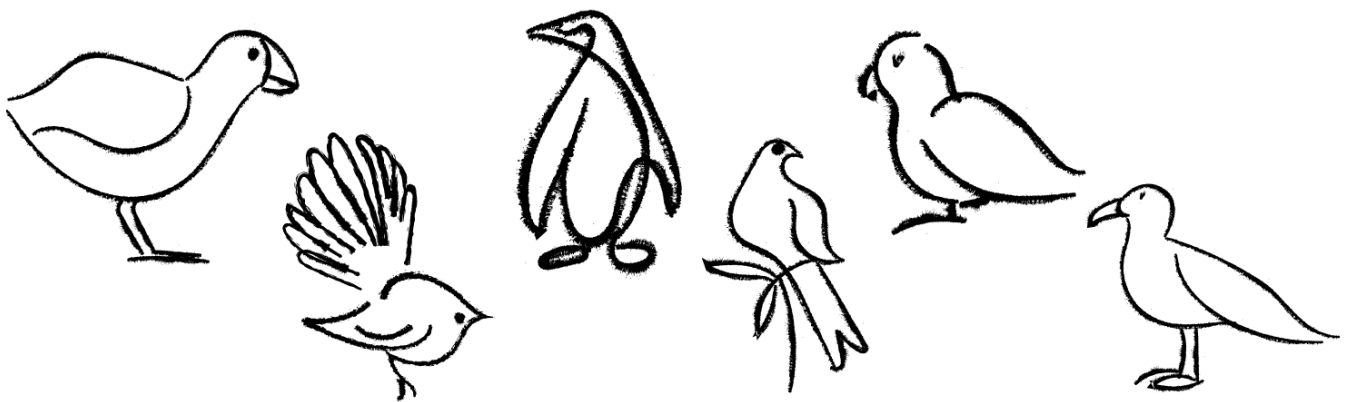


HE TAONGA TĀKARO

Celebrate Te Rā o Ngā Tamariki with your whānau and these awesome activities! As you make your way through this activity book, see if you can spot the five manu (birds) hiding inside.



My name: _____

It's kind to praise and encourage others!

Mihi atu, mihi mai

**Kōrero with
whānau...**

Draw the people
you want to give
praise to

**"My favourite
thing about
you is..."**

**"You're really
good at..."**

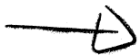
Draw yourself



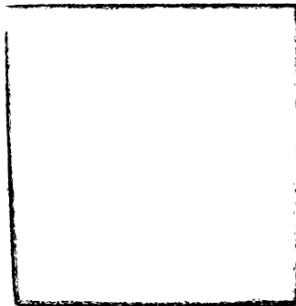
What can you tell
yourself when
things get tough?

Try new things and be adventurous!

Tukuna ki te ao

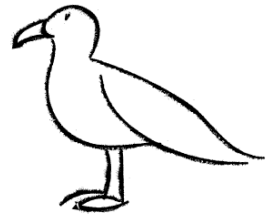


- 1** Find something bright, something big, something fluffy!



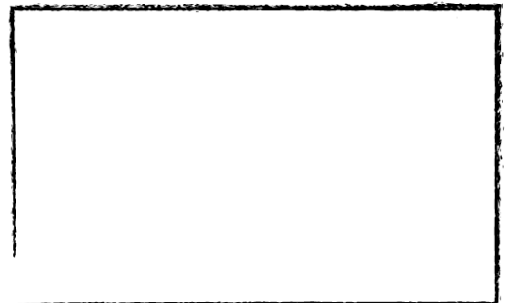
Go for a sensory explore

Draw or stick what you find in the spaces



2

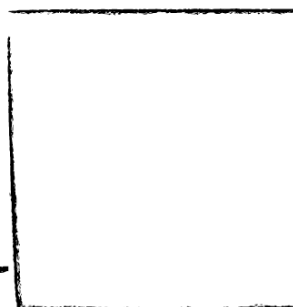
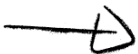
Find something small, something slimy, something you've never seen before!



- 3** Find something you can't touch, something orange, something that smells nice!



- 4** Find something rotting, something purple, something you can play with!

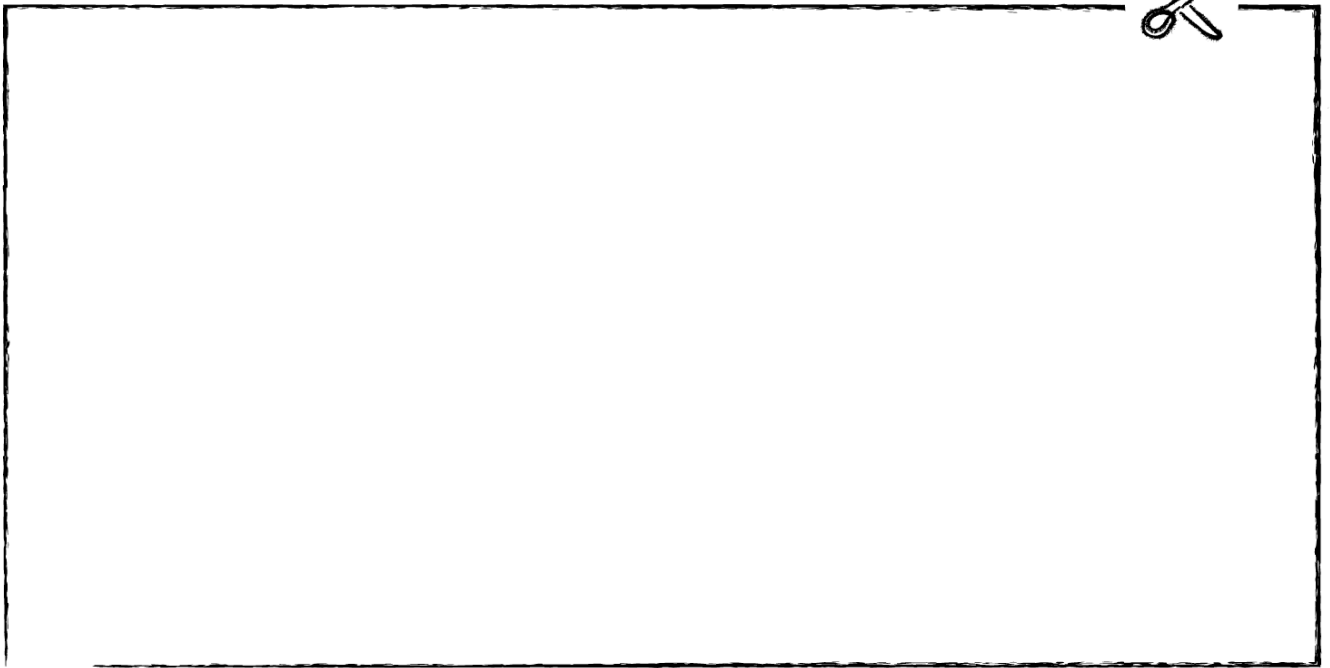


Ka pai!

We learn about people through talking and listening

Toitū te kupu

Draw a picture



Kāti (stop) and whakarongo
(listen). What can you hear
right now?



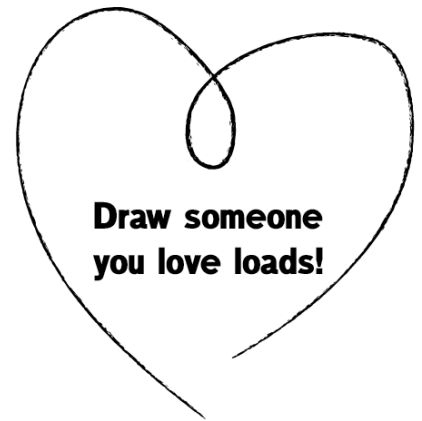
**Tell the story of
your picture to
whānau**

At kai time kōrero about:

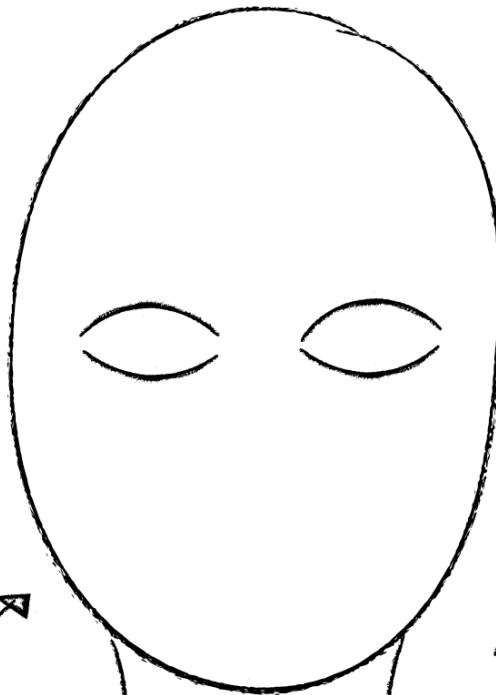
1. What's your favourite game to play?
2. If you could be any animal what would you be and why?
3. If you could be any atua who would it be?

Share aroha with your whānau!

Aroha atu, aroha mai



I love your eyes
because...



I love your nose
because...



I love your
mouth because...



I love your hair
because...



The aroha game

Cut out these cue cards and take turns talking about the things you love.

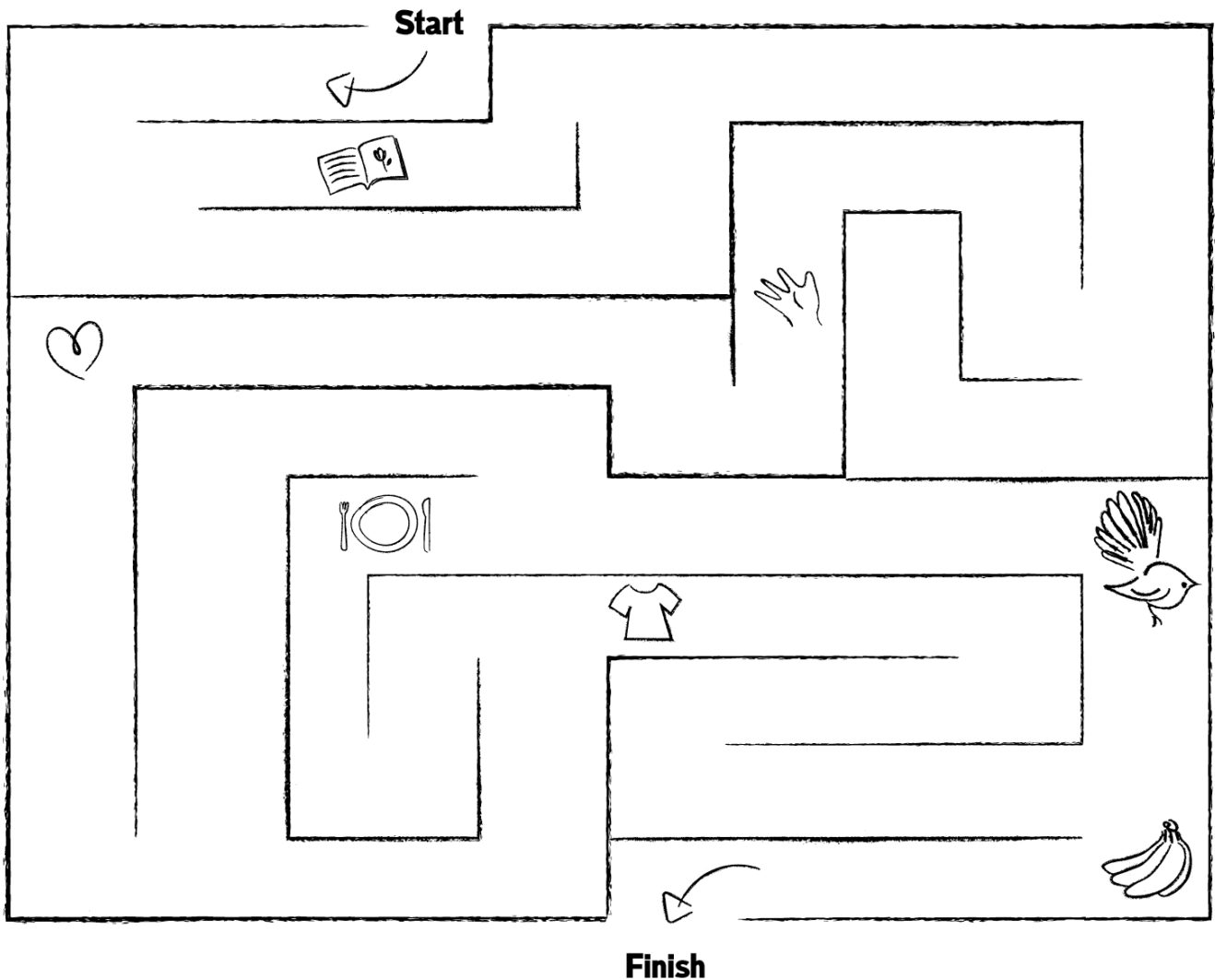


"I love remembering when we..."	"I love it when we..."	"I love your..."	"I love this photo because..."
	"I love it when you..."		

It's fun to give your time!

Awhi atu, awhi mai

Find your way through the kindness maze



Read a sibling a story



Have a kōrero over kai



Give some awhi to people you love



Help with preparing kai tonight



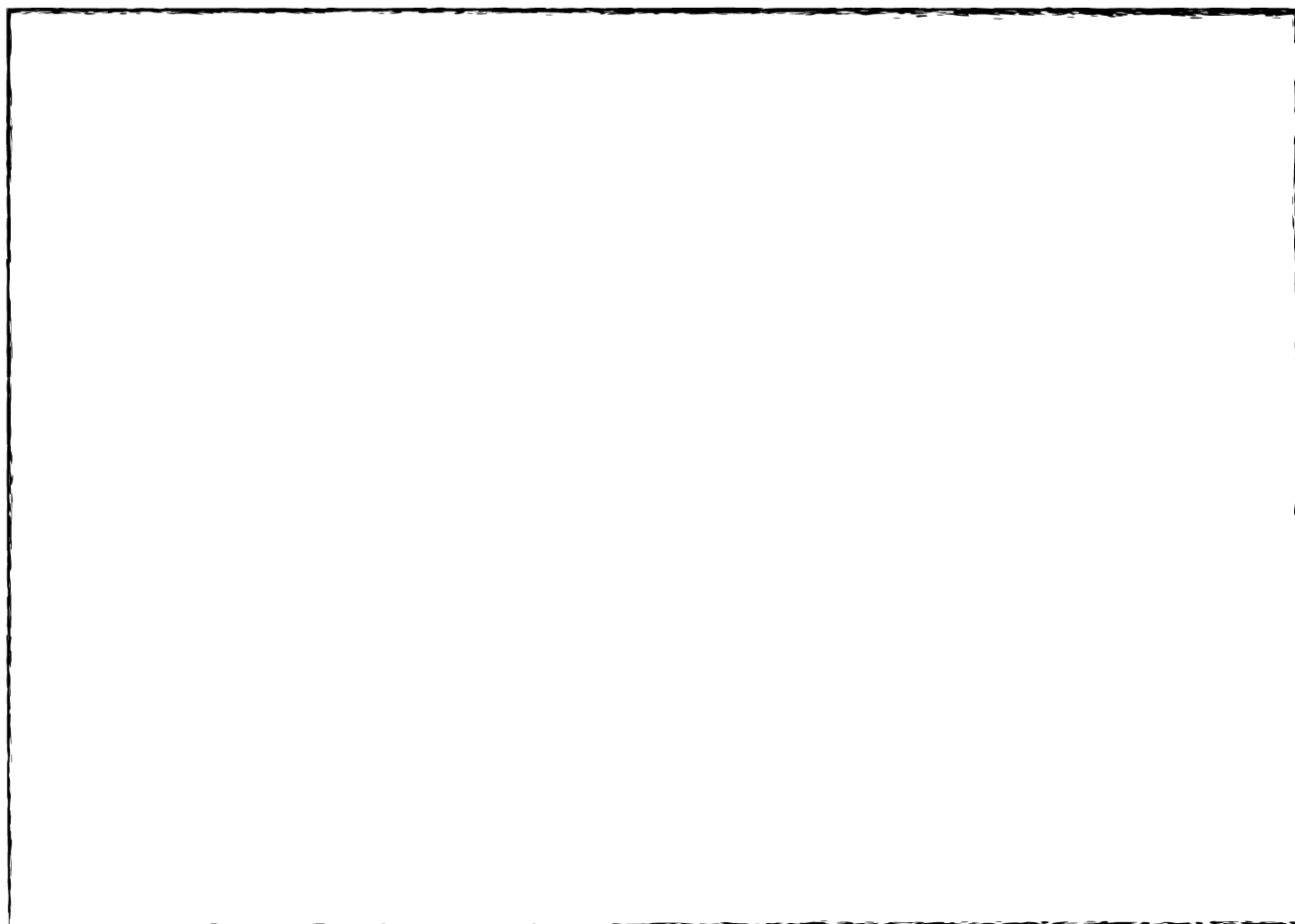
How can I help my whānau today?



Get your school clothes ready

Who's in my whānau and my village

Draw or stick in photos of all the people who care about you



What manu did you find?

☐

Piwakawaka

☐

Kererū

☐

Kākāpō

☐

Hoiho

☐

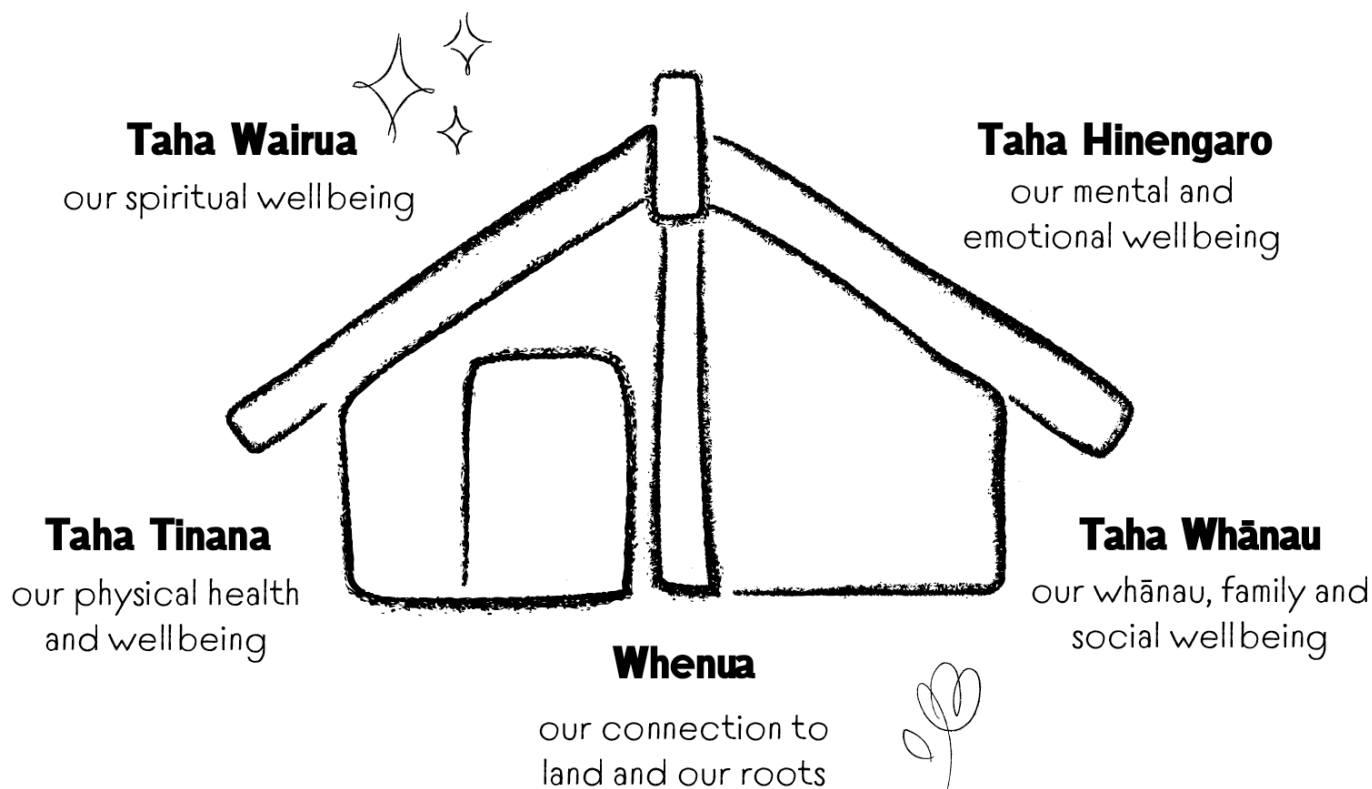
Takahē

☐

Karoro



Te Whare Tapa Whā



All of the things in this activity booklet contribute to your hauora and ora.

We can look at our hauora as a whare made up of five pou.

What do you and your whānau do to look after your hinengaro, wairua, tinana, whānau and whenua?

It's about what makes you and your whānau happy!
