



Te tino tekau mā rima | Fab fifteen

Play little big band

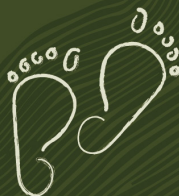


tākai



Homai kia rima! | Gimme five!

Let's take our shoes off



tākai



Te tino tekau mā rima | Fab fifteen

Go on a bug hunt



tākai



Haora harikoa | Happy hour

Let's make a map



tākai



Homai kia rima! | Gimme five!

Find cloudy creatures



tākai



Te tino tekau mā rima | Fab fifteen

Pou kōhatu



tākai



Te tino tekau mā rima | Fab fifteen

Let's go bird looking



tākai



Homai kia rima! | Gimme five!

Have a kanikani



tākai



Haora harikoa | Happy hour

Let's eat outside



tākai



Play little big band



How to do it

You'll need: Knees to slap, hands to clap, drums to tap or handmade shakers

1. Choose your instruments – you could swap halfway.
2. Clap, tap and shake to a favourite song.
3. Put on a popular song and play along!

Extra for experts: Can you think of a name for your band? Who could you perform a waiata for?

Let's take our shoes off



How to do it

You'll need: Your waewae!

1. Head outside.
2. Take off your shoes and socks.
3. Feel the grass, stones, sand and dirt beneath your waewae.
4. Run, skip, dance and play with bare waewae.

Go on a bug hunt



How to do it

You'll need: A magnifying glass or you can use your bionic eyes.

1. Head outside to places you might have seen bugs – under rocks or in leaf piles, or dig a hole in your garden.
2. Take off your shoes and socks.
3. Once you're finished watching bugs, replace any rocks, dirt and leaves back so as not to disturb their home too much.

Extra: Make a bug hut by piling up some sticks and leaves somewhere in your garden. Keep checking to see if any bugs have moved in.

Let's make a map



How to do it

You'll need: A piece of paper, a pen, colouring pencils, crayons or felts.

1. If it's a cold or wet day, study your garden from your window, otherwise, head outside to take a closer look.
2. Draw the features of your garden like fences, big trees or your washing line.
3. Mark and colour the special places in your garden – the bug area, the fun area, the cosy area...
4. Once your map is complete, use it to plan your next outside adventure!

Find cloudy creatures



How to do it

1. Get outside and find a seat or a nice patch of grass.
2. Get comfy and look up at the sky (but not the sun, it will hurt your eyes).
3. What are the clouds like? Can you see any shapes?
4. How many cloud creatures can you find?

Pou kōhatu



How to do it

You'll need: Flattish stones – local riverbeds and beaches are good places to find these (and spend time exploring!)

1. Find your stones.
2. Try stacking your stones as high as you can.
3. Take turns to see whose stone makes the tower topple!

Let's go bird looking



How to do it

You'll need: Your quiet feet and wide eyes!

1. If it's cold you might look for birds out your window, otherwise, head into your garden or to the local park.
2. Try and be quiet and still – that way birds will pass by and land.
3. Listen to their chirping. You can even try and make the same sounds.
4. Count the birds you spot – tahi, rua, toru, whā...

Have a kanikani



How to do it

You'll need: Music and your dancing shoes!

1. **Choose a dance:**
 - Bop to the beat: See if you can tap, clap, high five, or march to the beat!
 - Teach a new move: Copy each other's spins, twists, turns and shakes then put your moves together!
 - Play zoo guess who: Take turns dancing as your favourite animals.

Let's eat outside



How to do it

You'll need: A sunny day!

1. Head outside with your whānau for kai – for breakfast, lunch, snacks or tea, anytime!
2. Pack some kai and a blanket and head outside to a spot in the garden that makes you feel relaxed and happy.
3. Choose your spot, get comfy and share kai.
4. Spend some time playing and exploring too.



Te tino tekau mā rima | Fab fifteen

Paint with water



tākai



Te tino tekau mā rima | Fab fifteen

Play dress ups



tākai



Te tino tekau mā rima | Fab fifteen

Torch fun



tākai



Haora harikoa | Happy hour

Make arty cards



tākai



Haora harikoa | Happy hour

Stepping stones



tākai



Haora harikoa | Happy hour

Make a hut



tākai



Te tino tekau mā rima | Fab fifteen

Maths everywhere



tākai



Te tino tekau mā rima | Fab fifteen

Make smoothie pops



tākai



Homai kia rima! | Gimme five!

A world of thanks



tākai





Paint with water

How to do it

1. Gather up a brush or a small sponge to 'paint' with.
2. Fill up a container with water.
3. Together with your whānau, paint the fence or the path and notice how some things change when they're wet.

It's OK to 'paint' with – it's just water!



Play dress ups

How to do it

You'll need: Clothes, glasses, hats, hairstyles, makeup – anything you have around the whare!

1. Get dressed: Take turns choosing clothes for each other.
2. Style your hair with a hat, hair gel, or hair ties.
3. Add funny makeup and dance, sing or act out a story.

Extra: Choose a new name, talk in funny voices or make a dress up box!



Torch fun

How to do it

1. Gather a torch, two torches makes for even more fun!
2. Pull the curtains.
3. Play with objects in front of the torch to cast shadows on the wall.
4. Have fun experimenting with shadows – wave, point and walk up steps.



Make a hut

How to do it

You'll need: Couches or chairs, heavy books, blankets or sheets, and pillows.

1. Drape your sheet or blanket over the table, or over chairs and couches to make your hut!
2. Invite toys in to eat or sleep.
3. You could name your hut and even make a secret password! And if you have a torch you might want to use this too!



Stepping stones

How to do it

It's best to play outside as stepping stones on indoor flooring can be too slippery.

1. Draw a stepping stone path on the ground using chalk.
2. Start with oval shape steps which are big enough for two feet.
3. Decorate the steps with chalk.
4. Stones can be different shapes, for example, a square, circle, triangle, or heart and they can also be different sizes.
5. Play with your whānau and friends!

Extra: Try making the size of the steps smaller or making them further apart so you have to leap!



Make arty cards

How to do it

1. Gather paper, crayons, pencils – whatever you have.
2. Fold your paper in half.
3. Decorate the front with a special design.
4. Write a message on the inside.
5. Give the card to someone special to share your aroha!



Maths everywhere

How to do it

1. Collect things that you can count from around the whare like cards, magazines or photos.
2. Find things that go together and organise them into shape, size, number, or patterns. Maths really is everywhere!

Extra: You could even go for a hīkoi (walk) to gather items like leaves, shells, twigs or pebbles.



Make smoothie pops

How to do it

You'll need: 2 cups frozen berries, 1 medium banana, 1 cup low-fat strawberry or vanilla yoghurt, 1/2 cup fruit juice, 1 tablespoon of maple syrup.

1. Place rōpere (berries), maika (banana), miraka tepe (yoghurt), juice and maple syrup in a blender.
2. Blend until smooth.
3. Divide the smoothie among ice block molds or small cups.



A world of thanks

How to do it

All you'll need is great manners and the desire to say "thanks" in lots of languages!

1. Try the word slowly.
2. Try it together.
3. See if you can say it on your own.

Language	Word	How to say it
Māori	Kia ora	KEY-a-or-a
Samoa	Fa'afetai	Fah-ah-feh-tie
French	Merci	MER-see
Tongan	Malō	Mah-loh
Fijian	Vinaka	Vin-AH-ca
Spanish	Gracias	GRAH-see-iss
Japanese	Arigato	ardei-ga-toe
Chinese	Xiè xiè	Shee shee
German	Danke	DAH-ner



Te tino tekau mā rima | Fab fifteen

Let's make art together



tākai



Haora harikoa | Happy hour

Share a little aroha



tākai





Share a little aroha

How to do it

1. Think of a special friend or whānau member you'd like to do something nice for.
2. Decide what they'd like best, you could:
 - Pick some putiputi (flowers)
 - Help out with a job around the house
 - Make an arty card
 - Sing them a waiata
 - Bake something yummy
3. Have fun brightening their day! The little things you do can make a big difference.



Let's make art together

How to do it

You'll need: Some glue, crayons, paper and/or paint.

1. Head outside and collect leaves and petals from the ground.
2. Try some leafy tracing by putting a leaf under a piece of paper, then rubbing a crayon over the top. Make cards or wrapping paper using this technique!
3. You could try painting leaves on one side and carefully stamping them on your paper.
4. Or make a leafy collage by glueing your leaves and petals onto your page. Add your own drawings all around.